
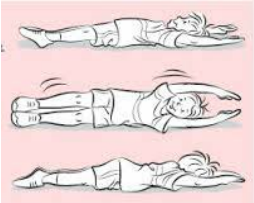


Grades PK through 2nd grade

Gross Motor	Fine Motor	Handwriting	Sensory
Choose 2	Choose 1	Choose 1	Choose 1
<p>Crab Walk across room 3x</p> 	<p>String beads or buttons</p>	<p>Write letters in shaving cream</p>	<p>Find objects hidden in a bin of dry noodles</p>
<p>Log Rolling on a rug or open area both directions 5x</p> 	<p>Roll playdough into tiny balls using fingertips</p>	<p>Draw a picture on vertical surface or easel</p>	<p>Draw shapes in shaving cream</p>
<p>Obstacle Course: step over objects, crawl under chair, go around table</p>	<p>Tear newspaper into strips and crumple into balls</p>	<p>Trace or write your name</p>	<p>Use cookie cutters with playdough</p>
<p>Crawling: across room in both directions 3x</p>	<p>Use tong or tweezers to pick up items and place into a container</p>	<p>Build letters in your name with pipe cleaners</p>	<p>Paint with fingerpaint</p>